

# Privacy Policy, Disclaimer & Terms of Use

**Last Updated: July 12, 2025**

At *My Sacred Alignment*, your trust matters. This page outlines how I protect your information, clarify the intent of my services, and set the basic terms for using this website.

---

## Privacy Policy

### Information I Collect

When you use the contact form, I may collect:

- Your name
- Email address
- Phone number (if provided)
- Preferred method of contact (phone or email)
- Any message or question you include

### How I Use Your Information

Your information is used solely to respond to your inquiries and communicate with you regarding sessions or offerings. I do **not** sell, rent, or share your data with third parties.

### Data Security

Your data is stored securely via Wix's platform and is only accessed by me. While I take precautions to protect your information, no digital transmission is 100% secure.

### Cookies & Analytics

This website may use cookies or analytics tools to understand traffic and improve the user experience. These do not collect personally identifiable information. You can control cookies in your browser settings.

### Your Rights

You may request access to, correction of, or deletion of your personal information by contacting:

**info@mysacredalignment.com**

---

## Disclaimer

The services offered through *My Sacred Alignment* — including intuitive energy healing, coaching, and related modalities — are not a substitute for professional medical, psychological, or legal care.

Energy healing and coaching are supportive, complementary practices designed to enhance spiritual and energetic wellness. Results may vary. You are responsible for your own well-being before, during, and after any session.

---

## Terms of Use

### Use of This Website

By using this website, you agree to use it for lawful purposes only and to respect the content and services offered here.

### Intellectual Property

All content — including text, graphics, logos, and service descriptions — is the intellectual property of *My Sacred Alignment* unless otherwise credited. You may not reuse, reproduce, or redistribute content without written permission.

### Third-Party Links

This site may contain links to third-party websites. I am not responsible for the content or practices of external sites.

### Limitation of Liability

By using this website or participating in any session, you understand and agree that *My Sacred Alignment* is not liable for outcomes, decisions, or experiences that may result. You assume all personal responsibility for your spiritual and emotional development.

### Changes to This Policy

This policy may be updated periodically. Your continued use of this website signifies acceptance of the current terms.


---

## Contact

If you have any questions about this page or your privacy, you can reach me at:

 [info@mysacredalignment.com](mailto:info@mysacredalignment.com)

---

 **Disclaimer:** *Energy healing and coaching are not medical or psychological treatment. Please consult a licensed professional if needed.*